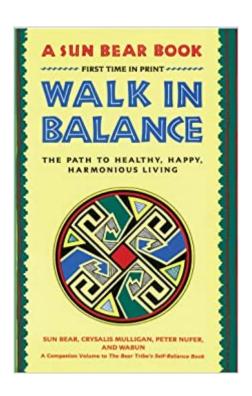


The book was found

Walk In Balance: The Path To Healthy, Happy, Harmonious Living





Synopsis

The authors offer personal instruction for attaining the path of inner and outer harmony and living in balance with oneself.

Book Information

Paperback: 171 pages

Publisher: Simon & Schuster (July 24, 1989)

Language: English

ISBN-10: 0671765647

ISBN-13: 978-0671765644

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 12 customer reviews

Best Sellers Rank: #437,543 in Books (See Top 100 in Books) #225 in Books > Religion &

Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American #854

in Books > Religion & Spirituality > New Age & Spirituality > Mysticism #1414 in Books > History

> Americas > Native American

Customer Reviews

Sun Bear, a sacred teacher of Chippewa descent, is the founder and medicine chief of the Bear Tribe, a multiracial educational society. He is a world-renowned lecturer and teacher and the author or coauthor of eight books. He is publisher of the magazine Wildfire and founder of the World Earth Fund.

Well written, plenty of good, thought-provoking insights. Easy to read and digest, but it does take mental effort and reflection.

This book helped me out a lot.

This is a book that touched my heart and gave me hope that I could walk in balance to. Thank You for writing the book Sun Bear, Crysalis Mulligan, Peter Nufer and Wabun.

This is a wonderful book and everyone should read it.

Excellent

. I expected more, but still is very helpful for anyone who needs to find balance in their passage through this life.

informative

What a great read. So much wisdom and, even though it is older, it has so much to offer. Comprehensive list of healing herbs, tips and hints...a wonderful resource you will reach for again and again, and Sun Bear's direct, thoughtful style will really draw you in, from the start. A keeper. A forever book.

Download to continue reading...

Walk in Balance: The Path to Healthy, Happy, Harmonious Living How to Raise the Vibration around You: Volume I: Working with the 4 Elements to Create Healthy and Harmonious Living Spaces Gut: Gut Balance Solution: 10 Steps on How You Can Restore Optimal Gut Health, Boost Metabolism and Heal Your Gut Effectively (4-Week Gut Balance Diet Plan, leaky gut, clean gut, Gut Balance Recipes) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Resistant Starch: The Resistant Starch Bible: Resistant Starch - Gut Health, Fiber, Gut Balance (Gut Balance, Glycemic, Natural Antibiotics, Dietary Fiber, SIBO, Soluble Flber, Healthy Gut Book 1) Rising Inequality in China: Challenges to a Harmonious Society Air & Variations ("The Harmonious Blacksmith") (Alfred Masterwork Edition) Happy, Happy, Happy: My Life and Legacy as the Duck Commander Dorset & South Devon Coast Path: (Sw Coast Path Part 3) British Walking Guide With 70 Large-Scale Walking Maps, Places To Stay, Places To Eat (Trailblazer: Sw Coast Path) Exmoor & North Devon Coast Path: (Sw Coast Path Part 1) British Walking Guide With 53 Large-Scale Walking Maps, Places To Stay, Places To Eat (British ... Exmoor & North Devon Coast Path Minehead) Whole Health for Happy Cats: A Guide to Keeping Your Cat Naturally Healthy, Happy, and Well-Fed (Quarry Book) Raising a Healthy, Happy Eater: A Parentâ ™s Handbook: A Stage-by-Stage Guide to Setting Your Child on the Path to Adventurous Eating Vegan: 101 Simple, Easy, Delicious Chocolate Plant Based Vegan Recipes for a Raw Vegan and Vegetarian Diet for Healthy Living and Weight Loss (Gluten Free, ... a Healthy Living Cookbook for Weight Loss) The Rawsome Vegan Cookbook: A Balance of Raw and Lightly-Cooked, Gluten-Free Plant-Based Meals for Healthy Living Off Balance: Getting Beyond the Work-Life

Balance Myth to Personal and Professional Satisfaction Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfact ion Cash Balance Combos: A Practical Guide for Understanding and Operating Cash Balance/Defined Contribution Plan Combination Arrangements CHAKRAS: Chakras For Beginners - How to Awaken And Balance Chakras, Radiate Positive Energy And Heal Yourself (Chakra Meditation, Balance Chakras, Mudras, Chakras Yoga) Your Flight is Out-of-Balance, Captain!: The Role of Effective Communication in Today's Aircraft Weight & Balance Planning Balance Your Hormones, Balance Your Life: Achieving Optimal Health and Wellness through Ayurveda, Chinese Medicine, and Western Science

Contact Us

DMCA

Privacy

FAQ & Help